

- 1 can fire roasted tomatoes
- 16 ounces plain unsweetened dairy free
- yoqurt
- 1 tablespoon ranch seasoning blend
- 1-2 teaspoon minced garlic

instructions

Season chicken breast and place into instant pot for appropriate time (20 mins frozen, 10 mins refrigerated) on pressure cook setting.

Cook bacon in large frying pan until desired texture. Remove bacon from pan, add all other ingredients. Chop cooked bacon and add to mixture.

Once chicken cooking cycle is complete, remove from instant pot and cut into cubes or shred. Add to mixture and allow to simmer for 20 minutes to allow flavors to develop.

Serve over cooked brown rice, mixed veggies, pasta or spiralized veggies or as a pizza topping

