

Taco Salad



ingredients

- Seasoning mix:
- 6 TBSP chili powder
- 4 tsp ground cumin
- 3 tsp paprika
- 2 tsp garlic powder
- 2 tsp onion powder
- 1 tsp black pepper
- 1/8 tsp cayenne pepper (add more for more spice)

Mix all the spices together and store in an airtight container.

Use 1-2 Tbsp. in this recipe

1 lb ground turkey

1 onion chopped

1 green pepper chopped

1 (14-15 ounce can diced tomatoes with juice

1 small can tomato paste

1 cup dairy free mozzarella cheese

instructions

Sautee chopped onion and pepper in a tablespoon of olive oil. Add ground turkey and brown. Add can of tomatoes and 1-2 tbsp of above seasoning mix. Add tomato paste and cook to desired consistency. Add mozzarella and allow to melt.

Add to bed of greens of your choice with any desired toppings such as avocado, clean guacamole and/or salsa, olives, chopped tomatoes, etc.

