



Ground Turkey Veggie Stewp

ingredients

- 1 pound ground turkey, seasoned and browned
- 1 cup chicken broth
- 2 cups shredded carrots
- 2 cups chopped zucchini
- 4 cups chopped spinach
- 1 can diced tomatoes with juice
- 1 can french style green beans, drained
- 3-4 cups water

instructions

Mix together in crock pot and cook on high 5-6 hours.

