



# *Ground Turkey Primavera*



## *ingredients*

- 20 ounces ground turkey
- 1 can diced tomatoes
- 2 cups shredded carrots
- 3 cups chopped spinach
- 2 small zucchini, chopped
- 1 tbsp Trader Joe's Everything But The Bagel Seasoning
- 3 cups cooked brown rice
- 1 cup Daiya mozzarella shreds

## *instructions*

Place diced tomatoes, carrots, spinach and zucchini with seasoning into instant pot and cook on pressure cook setting for 20 minutes. Heat skillet and brown ground turkey. Add cooked brown rice to cooked turkey. Sprinkle mozzarella, then add cooked vegetable mixture. Mix together until cheese is melted.

