



# *Clean Cheeseburger Soup*



## *ingredients*

- 2 pounds ground beef, browned and drained
- 1 medium onion, chopped
- 2 cans (14.5 ounce) fire-roasted tomatoes with juice
- 4 tablespoons (clean) Worcestershire sauce
- 1 package non-dairy Cheddar cheese shreds
- 2 cups coconut milk yogurt
- 4 cups spinach
- 3 cups water
- 2 cups chopped organic pickles

## *instructions*

Combine all ingredients except pickles into crock pot (or stock pot) and cook on high (or simmer on stove) for 2-3 hours, stirring occasionally.

Once the broth has become a creamy consistency and the cheese has melted, add chopped pickles

